

THE COLLEGIAN

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COLUMN

Shared experiences create game



Tessa Castor
Editor in chief

It's a dry campus, so these ideas are hypothetical.

Over 21? Looking for a drinking game? This 77-item list will help you out. Keep a tally next time you're on campus, get off campus and drink up.

Don't take yourself too seriously. Instead, take a shot the next time...

1. You see Jinx in the gym.
2. You see a random cat that isn't Jinx.
3. You see Bob Gallup feeding the stray cats.
4. You see a Winfield middle schooler walking home from school.
5. You see someone trying to parallel park.
6. You see Pat Ross in a fish shirt.
7. You see someone having an emotional breakdown in the library.
8. You see someone wearing purple.
9. You see someone making a TikTok in a public space.
10. You see someone mowing the lawn or trimming flowers.
11. You see someone giving a campus tour.
12. You see non-students regularly at on-campus events.

13. You see someone running the 77.
14. You see Kirby running down the Beech hallway.
15. You see a lone sock on the laundry room floor.
16. You see Stephen Le not wearing socks.

17. Something goes missing from the laundry room.

18. You hear about Builder Family.
19. You hear someone complain about the WiFi or cafeteria food.
20. You hear, "Do we even have a women's wrestling team anymore?"
21. You hear someone mess up the Alma Mater.
22. You hear the song "The Jinx is On" at a sporting event.
23. You hear someone say, "I should have driven" up to Christy.
24. You hear someone say Texas deserves to be its own country or is the greatest place on earth.
25. You greet someone wearing AirPods and they don't respond.
26. You hear Ross Peterson-Vetch call someone "dude."
27. Kurt Keiser calls you a "munchkin."
28. The student section raises their keys and chants, "Warm up the bus."
29. Someone sounds very sick but is in class anyway.
30. The Winfield High School marching band wakes you up in the morning.
31. Someone walks in front of a moving car and says, "Pay my tuition."

32. There is a rise in tuition.
33. There is a budget cut.
34. You struggle with financial aid.
35. A theatre kid transfers.
36. A tennis player quits.
37. The baseball and softball teams cancel or reschedule a game.
38. There is a new golf coach.
39. There is a new cheer coach.
40. Soccer has practice in the middle of the night.
41. An athlete says they're going pro.
42. You pass someone using crutches, a boot or a scooter due to an athletic injury.
43. Kaydee Riggs-Johnson sends an email from the golf team encouraging attendance at the basketball games.
44. You receive a Jinx Tale email.
45. You get a BuilderAlert.
46. IT sends a warning email about spam.
47. Your WiFi disconnects.
48. Blackboard breaks down.
49. A professor can't connect their laptop to a classroom projector.
50. Someone puts a "Pull up to..." party address on their Snapchat story.
51. An on-campus party gets busted.
52. Someone asks you to come to The Bar.
53. You can't find a parking spot.
54. A police car drives through campus.
55. Security writes someone a parking ticket.
56. A classroom or conference room is locked even though you have class or a meeting.
57. Security takes 30 minutes to

- unlock a door.
58. An on-campus meeting gets moved to College Hill Coffee.
59. Someone falls asleep in class.
60. Someone arrives late to class with a drink from the Stir & Bustle.
61. You eat a cookie from Miss Kathy that really smacks.
62. Someone gets engaged over break or on a holiday.
63. Someone hides an animal in their residence hall.
64. You smell a skunk-like scent outside a residence hall.
65. You trip on the 77.
66. You get winded walking up the 77.
67. Someone posts a picture of the sunset from the 77.
68. You go to Walmart for fun.
69. Someone screams a sexual term at a 9 LIVES show.
70. Students get in a Twitter fight, maybe after a 9 LIVES show.
71. Students get in a fist fight.
72. A student advertises their side hustle on social media.
73. You sneak food into a Free Movie Night.
74. You slip on ice while walking to class.
75. The heater in Mossman is either out or working in overdrive.
76. You wait more than two weeks for maintenance to address a work order.
77. Stacks of The Collegian sit untouched in the racks.

Tessa Castor is a senior majoring in English. You may email her at tessa.castor@sckans.edu.

COLUMN

Expert provides tips for effortless rest



Lauren Sieh
Online editor

It has been a long week. You have stayed up countless nights getting assignments and papers in before midnight.

Sometimes you pull an

all-nighter to cram for the big exam the next day, all while sacrificing a good night's sleep, then spend the day after feeling like a zombie walking around campus.

Some students choose to crash at the end of the day, while some try to squeeze in a nap or two before or in between classes and meetings.

During my time as a college

student, I have been one of those students. Over the years, I have learned some tricks and strategies to help me maximize my naptime and sleep time.

First and foremost, make sure all your responsibilities are taken care of, like doing your homework, feeding your pet, feeding yourself, etc.

Even before I take a nap or go to sleep, I make sure I have everything taken care of. I get stressed out and find it hard to sleep if I know I have things that

need to be done.

Not only do I feel better when my tasks are done, but I also benefit greatly from it when taking a nap or snoozing the night away. I get a good night's sleep or a refreshing nap in without anything weighing on my mind.

Second, do not take an hour-long or a couple-hours-long naps. Try to limit yourself to at most 30 minutes.

Short naps should only last around 25 to 30 minutes.

See Tips Page 6 –